



Response to Adolescent Health Needs around the World: the Concept of Adolescent Friendly Health Care

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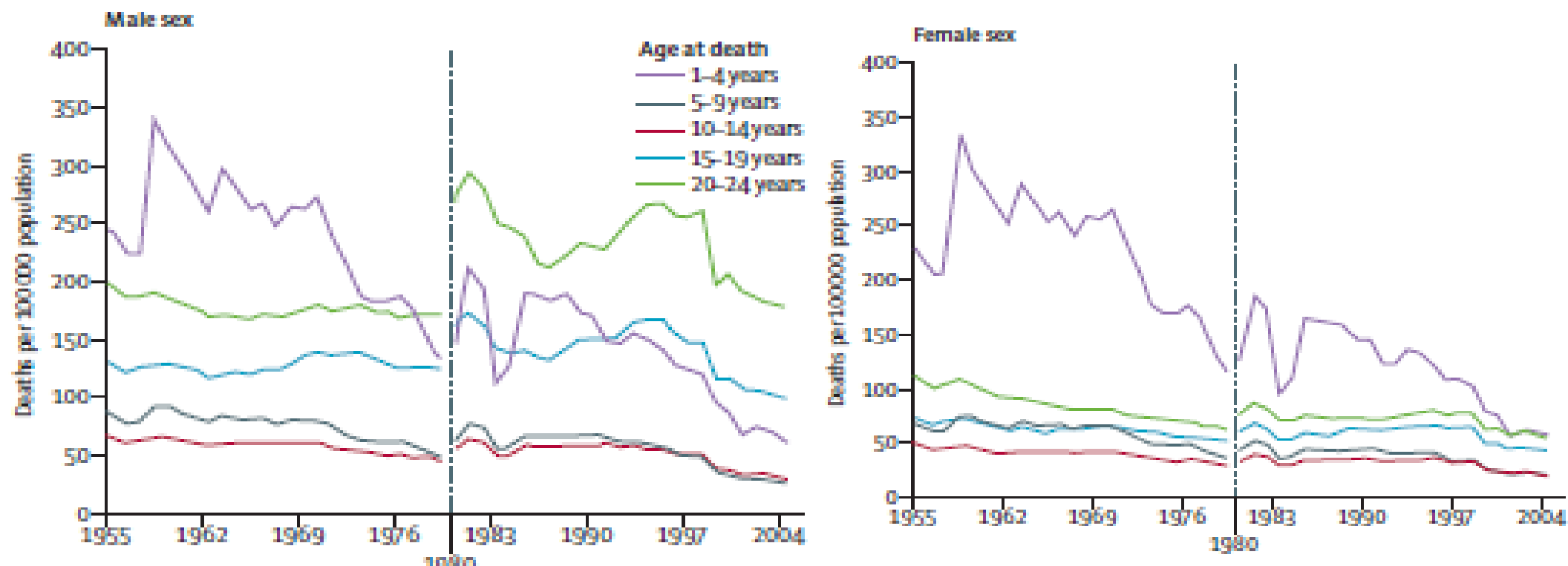
Objectives

1. recognize major threats to adolescent health around the world
2. Identify some preventive strategies to improve adolescent health
3. Review basic criteria of youth friendly health services (AFHS) and how to implement them
4. Justify the use of specific training approaches as applied to providers of adolescent health care

50-year mortality trends in children and young people: a study of 50 low-income, middle-income, and high-income countries

Russell M Vinec, Carolyn Coffey, Colin Mathers, Paul Bloem, Anthony Castello, John Santelli, George C Patton

www.thelancet.com Vol 377 April 2, 2011



Adolescents in a new world..

1. Challenging societal shifts :urbanization, ICTs..
2. Low educational participation → poor health & low health literacy and acces to health care
3. Epidemiological transition: increase in chronic NC diseases (e.g. mental disorders), substance use, suicide, homicide, obesity, malnutrition
4. Still many teenagers facing health problems in the field of SRH: HIV, STIs, unplanned pregnancy, abortion

The answers

1. Community based approaches
2. Interventions in the school setting
3. Improving health care delivery

Community based approaches



Community based approaches

- interventions which include community outreach components
- Intensive care management by social workers
- Example from UK: "Safer Choices" (**multi component approach** prevention of HIV, STIs and pregnancy)



Interventions in the school setting

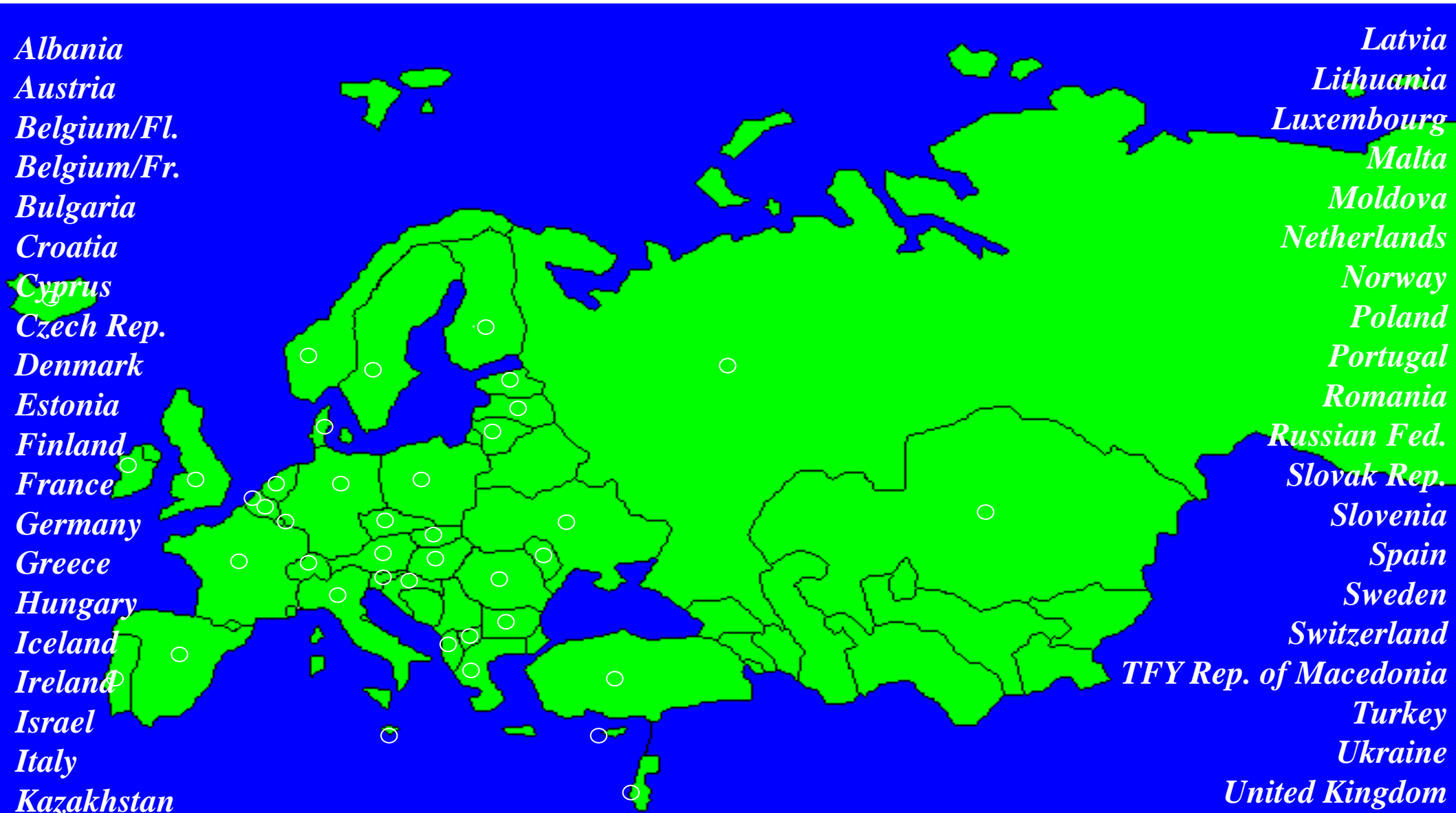


The European Network of Health Promoting Schools

Member countries

Albania
Austria
Belgium/Fl.
Belgium/Fr.
Bulgaria
Croatia
Cyprus
Czech Rep.
Denmark
Estonia
Finland
France
Germany
Greece
Hungary
Iceland
Ireland
Israel
Italy
Kazakhstan

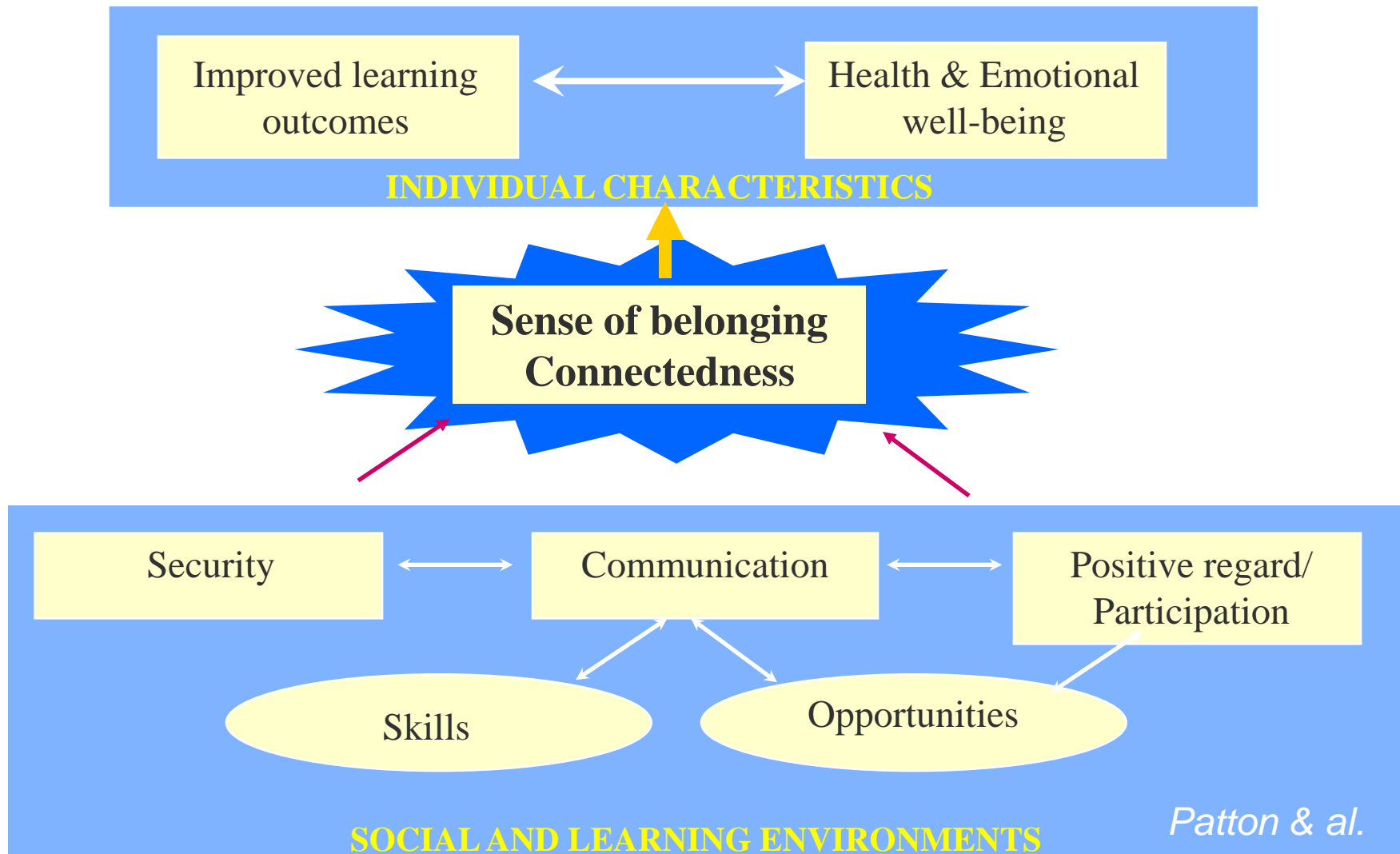
Latvia
Lithuania
Luxembourg
Malta
Moldova
Netherlands
Norway
Poland
Portugal
Romania
Russian Fed.
Slovak Rep.
Slovenia
Spain
Sweden
Switzerland
TFY Rep. of Macedonia
Turkey
Ukraine
United Kingdom



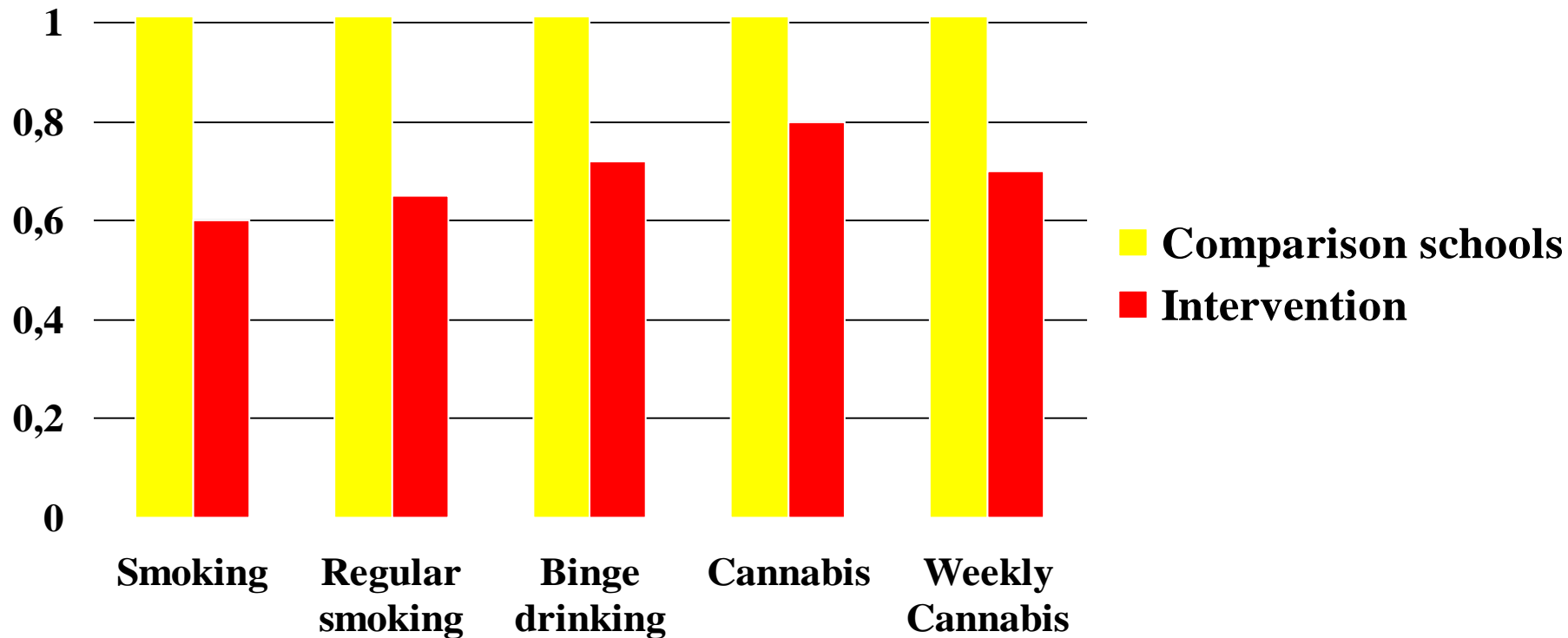
Health promoting schools

- Provide healthy environment
- Promote individual, family and community responsibility for health
- Encourage healthy lifestyles in equipping pupils with knowledge and skills
- Plan a coherent health education curriculum
- Exploit the availability of community resources

The Gatehouse project: design



The Gatehouse project: impact on substance use



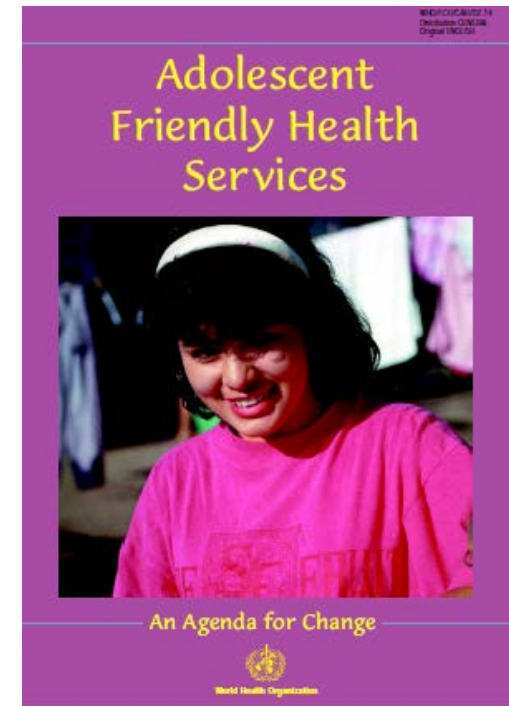
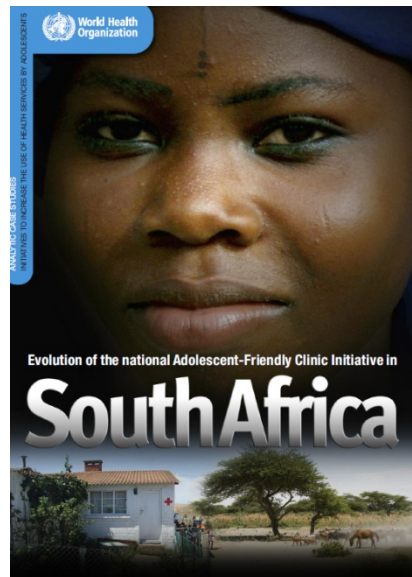
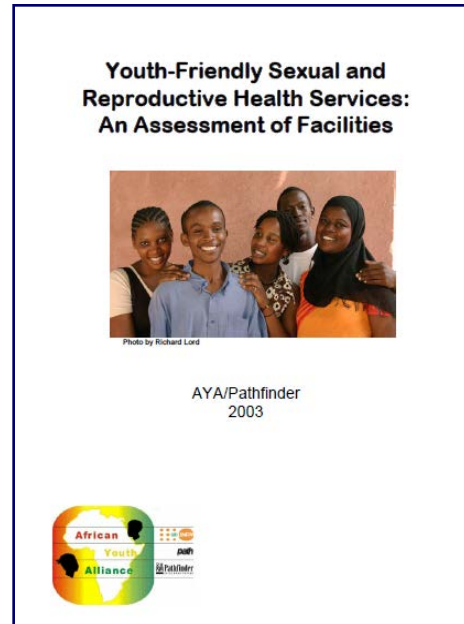
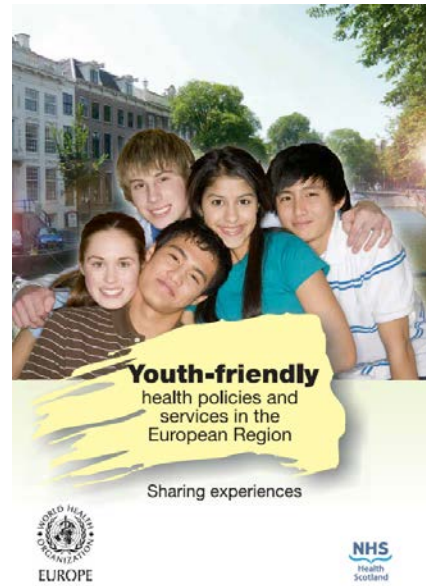
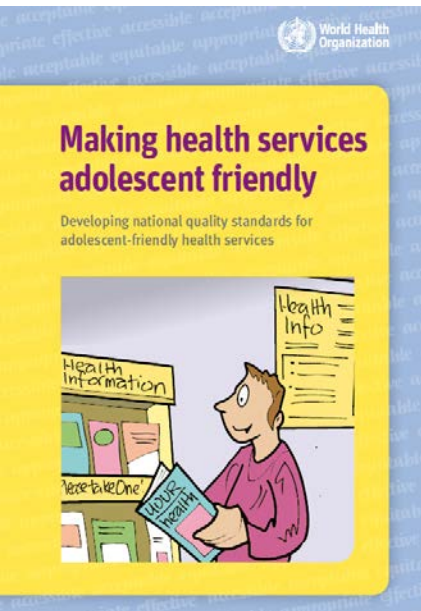
Analyses adjusted for baseline school substance use

Adolescent health care

- Friendly settings
- Competent staff



The basic elements



- Adolescents unable to obtain health services
- Adolescents have many ideas about how to make services user-friendly
- Adolescents should be able to access preventive, preventive and curative health according to their stage of maturation

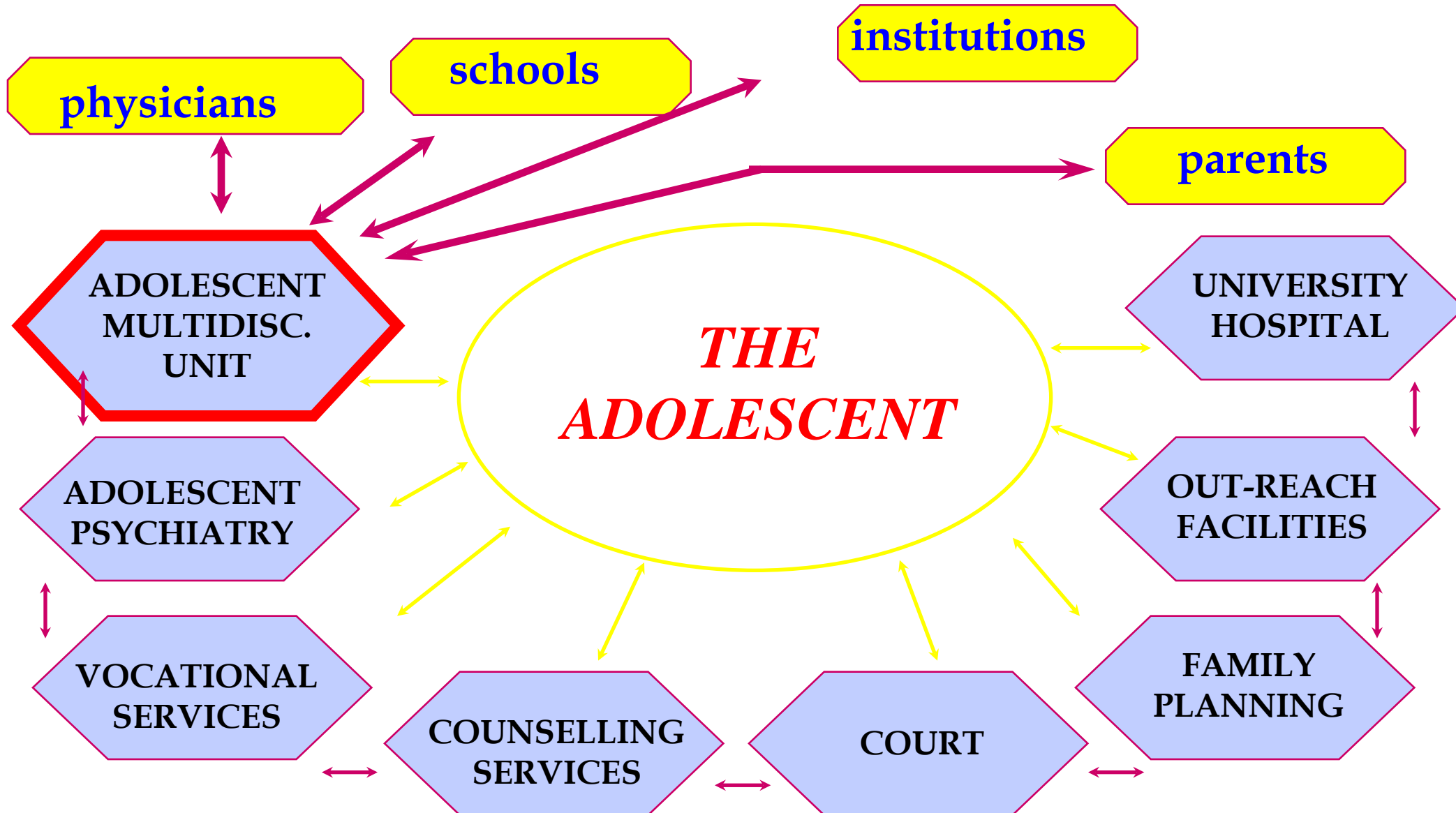


Seven ingredients & strategies

- 1) accessibility of health care;
- 2) an open non judgmental staff attitude;
- 3) effective communication strategies;
- 4) medical, if possible comprehensive competency;
- 5) evidence based care;
- 6) stressing the developmental aspects of health;
- 7) youth involvement in health care

An example: UMSA

Multidisciplinary Unit for Adolescent Health



Evaluation: an example from Moldova

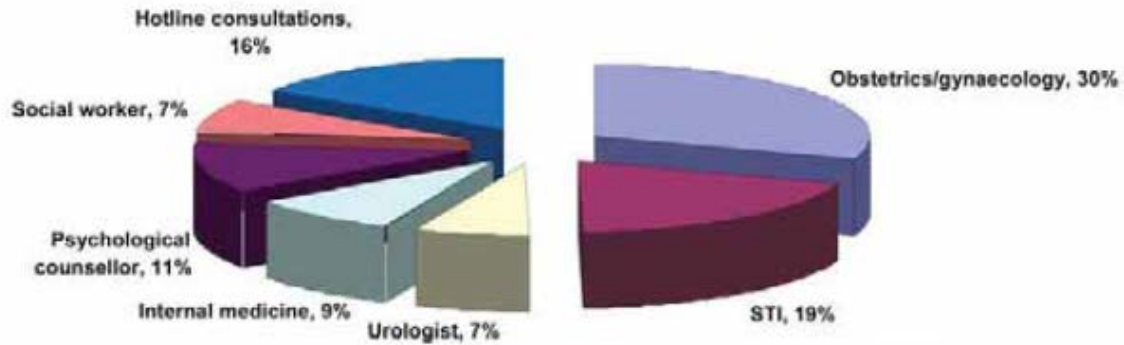


Fig. 4 Distribution of consultation services 1
Source: Lesco G, Ciubotaru V, un

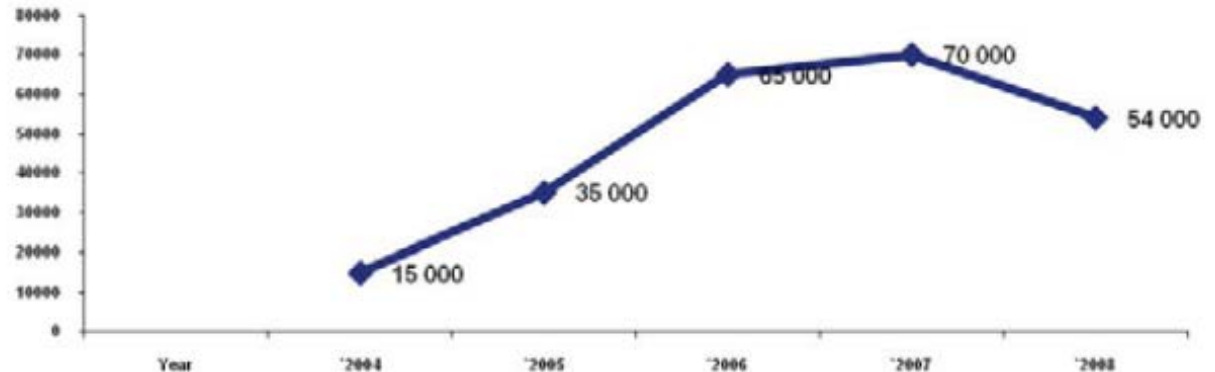
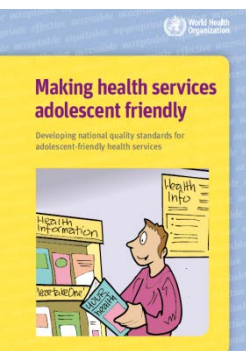
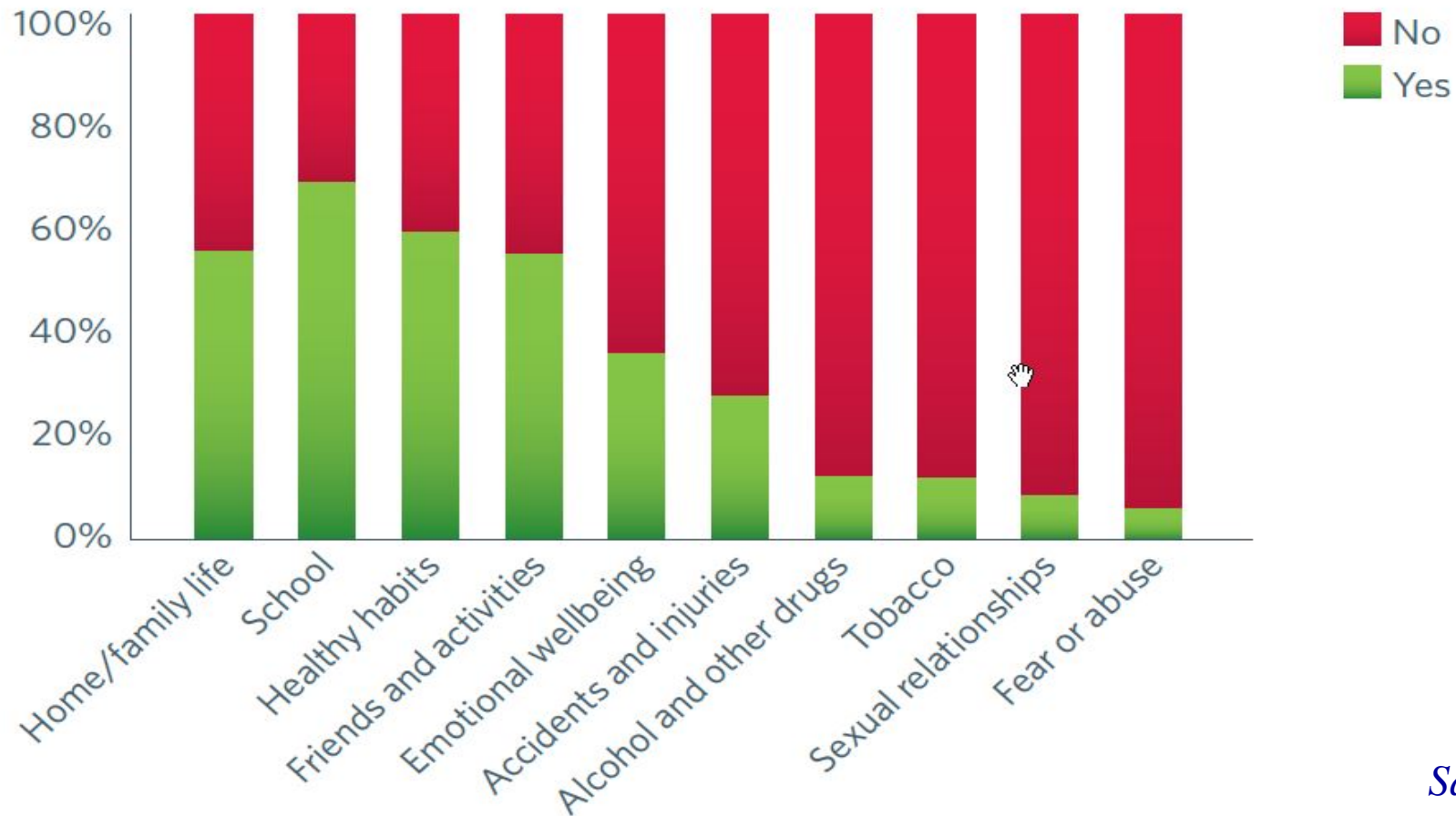


Fig. 5 Number of clients of YFHCs, 2005–2008 *WHO, 2012*



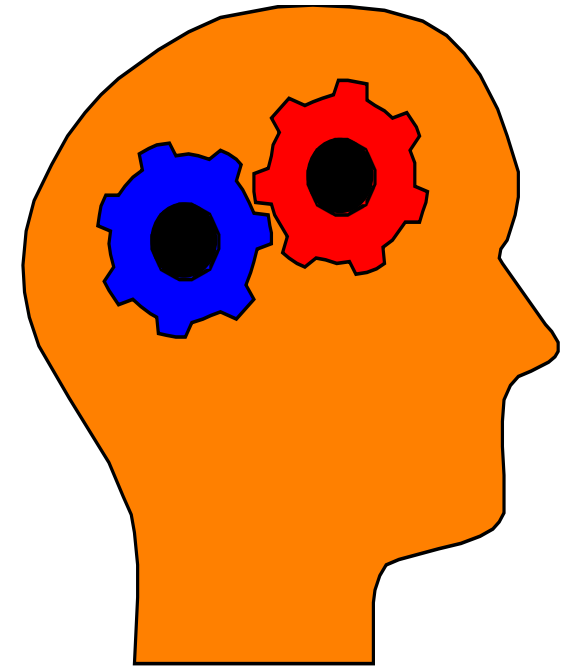
Content of consultation with young people

Figure 12. Discussion of specific aspects of psychosocial history, within the last 12 months



HEEADSSS

- **H**ome
- **E**ducation, **E**ating
- **A**ctivities
- **D**rugs
- **S**exuality/Safety/Suicide



Training health care providers a challenge



Training: the ingredient

- A developmental perspective
- A multidisciplinary approach
- Social skills: networking
- Communication skills

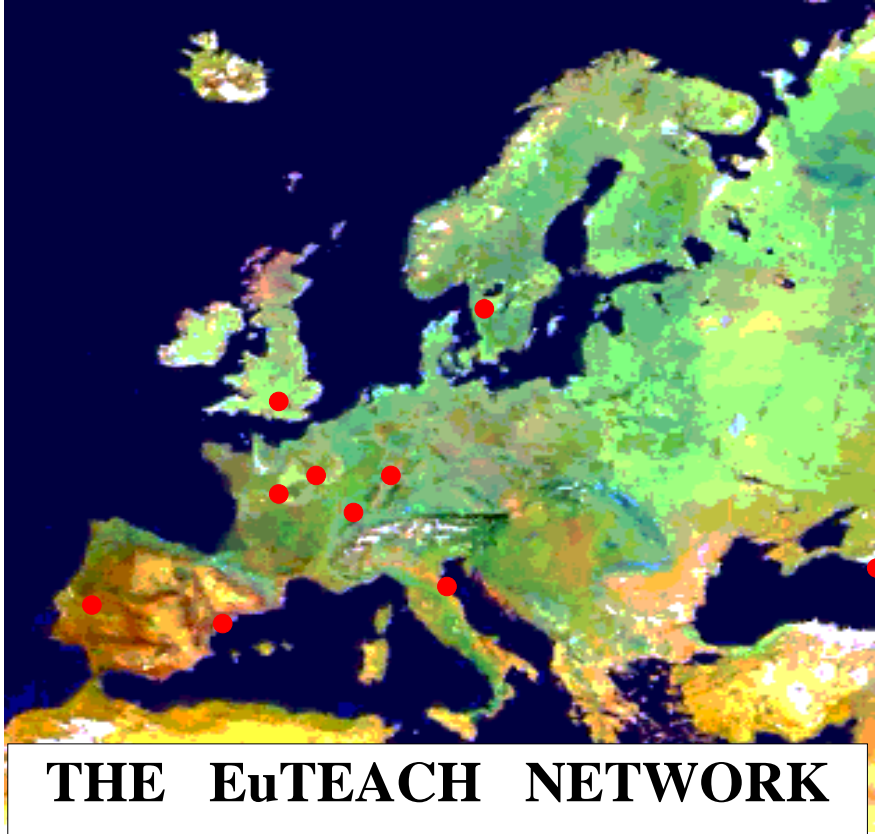


Adolescent simulated patients



PTP&A

The Euteach program



- A website
- A yearly one-week training course
- Several country-based courses
- Mandates from WHO, UNICEF, etc.

www.euteach.com

Summer school : July 5th-10th 2015, Lausanne University

Take home messages

1. address specifically adolescent health
2. adopt a participatory, developmentally appropriate approach
3. tailor settings & rising competences of staff to improve access and quality of care

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